

Homemade Coffee Ground Body Scrub

Ingredients

- 1 cup of coffee ground
- 1/2 cup of brown sugar (this is the scrub part so you can choose a sugar that suits you)
- 1 cup of coconut oil

Method

- Mix all ingredients together and store in a glass jar or container

How to use

- Rinse designated area with water
- Massage scrub into wet skin for about 60 seconds
- Wait 2-5 minutes and then rinse



Working with you

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